

## Strictly Swing

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### Dance Fusion Series at the YMCA in Salisbury

**Class: Lindy (8 Count) and Charleston (8 Count)**

Dates: Saturday, 3 – 24 April 2010

Time: 4:30 - 5:30pm

Price: YMCA Members \$36 Program Members \$44

Description: Learn to dance the Lindy and Long Legged Charleston in this 4 week introductory class. In this course, students will learn the basic foot work, body posturing, and timing of each dance. Students will also learn how to move in and out of these swing dances during a song.

**Class: Hustle and West Coast Swing**

Dates: Saturday, 1 – 15 May 2010

Time: 4:30 - 5:30pm

Price: YMCA Members \$27 Program Members \$33

Description: Learn two of the hottest dances on Delmarva in this 4 week class. In this course, students will learn the basic moves, timing, and styling of both dances. Great for all levels of dancers. Students will also learn how to seamlessly move in and out of both dances during a song.

**Class: Shag (8 Count) and Charleston (8 Count)**

Dates: Tuesdays, 1 - 29 June 2010

Time: 7:30 - 8:30pm

Price: YMCA Members \$45 Program Members \$55

Description: Learn to dance the Shag and Long Legged Charleston in this 4 week introductory class. In this course, students will learn the basic foot work, body posturing, and timing of each dance. Students will also learn the secret of moving in and out of these swing dances during the course of a song.

**Class: Beginner West Coast Swing (WCS)**

Dates: Tuesdays, 6 – 27 July 2010

Time: 7:30 - 8:30pm

Price: YMCA Members \$36 Program Members \$44

Description: Learn the hottest dance craze on DELMARVA. In this course, students will learn the basic foot work, body posturing, and timing of the dance. WCS is a very versatile dance and can be danced to Top 40, County, Rock & Roll, and Beach music. A must have for all dancers.

**Class: Beginner Hustle**

Dates: Tuesdays, 3 – 31 August 2010

Time: 7:30 - 8:30pm

Price: YMCA Members \$45 Program Members \$55

Description: In this course, students will learn the basic foot work, body posturing, and timing of the dance. A fun dance for both men and women.

Come learn the secrets of the Hustle from Bill Goschen, winning instructor of Dancing with Delmarva's Stars 2009. Bill and his star partner received a perfect score of 30 for their Hustle routine.

